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REDISCOVER ROCKINGHAM CONTENTS

6 An Eventful City

8 The Must-Do List

10 Coastal Capers

14 Ocean Riders

16 Float Your Boat

19 Wild About Nature

22 Maps of Rockingham

24 Weekend Breaks

28 Fair Play

30 Meet, Eat, Repeat

34 May the Force Be With You

36 Parks and Recreation

38 Wine & Beer Trail

42 Stay a While

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Visit the **Rockingham Visitor Centre** and our friendly staff can help you make the most of your visit to our beautiful coastal city and its attractions! Check out our new website!

19 Kent Street, Rockingham

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E: info@visitrockingham.com.au

W: visitrockingham.com.au

Hours: Monday - Friday: 9am - 5pm Saturday & Sunday: 9am - 4pm

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EVENTS BOTH CELEBRATE
A COMMUNITY AND
ARE CREATED BY A
COMMUNITY. HERE
IN ROCKINGHAM
INSPIRATION IS CLOSE
AT HAND; THE REGION'S
EVENTS REFLECT ITS
BEACHES, CULTURE, FINE
PRODUCE FROM THE
LAND AND SEA, AND THE
EXCITEMENT OF SPORTS
THAT THRILL ALL AGES.

Here are Rockingham's handpicked events:

Symphony on the Green

Each February, the Village Green on Flinders Lane is transformed by the majestic sounds of the Perth Symphony Orchestra as the rapt audience is treated to orchestra classics, film tunes, rock hits and musical theatre anthems.

You don't even need a ticket

– just put together a picnic
and sit under the stars for this
spectacular free event. The treat

of such a fulsome experience as the Perth Symphony Orchestra will stay in your mind long after the last chord disappears. As well as the stage entertainment, there are loads of family-friendly free activities plus some of the city's best food and drink vendors.

Rockingham Long Table Lunch on the Beach

A culinary collaboration from Rockingham businesses combining locally sourced produce, premium wines and entertainment, this luncheon is truly a celebration of Rockingham.

Held on the third Saturday in March, the Long Table Lunch commences around noon. VIPs and ticketed guests drift into an exclusive seaside marquee to be served chilled drinks and canapes while the pre-show entertainment sets the tone for what's to come.

Local and national entertainers are on hand to enhance the ambience, and many a guest has been known to slip off their shoes and enjoy the sand between their toes as the sound of clinking wine glasses and soft chatter drifts

across the waters of the bay.

Channel 7 Rockingham Beach Cup Carnival

Organised every November by the Rotary Club of Palm Beach, this iconic event combines two of Western Australia's most beloved pastimes; a day at the races and a day at the beach.

It's unknown who first thought to showcase Rockingham's natural coastal beauty and WA's thoroughbred racing industry by putting them side by side, but thundering hooves, white sands and seaside spirit make this event a blockbuster.

The choices are yours: take your experience to the next level in one of the ticketed beach-side hospitality packages, or enjoy a full weekend of free family entertainment at the Rockingham Beach Cup Carnival, a vibrant community festival held adjacent to the beach racing in Churchill Park.

The Rockingham Beach Cup is Australia's only beach-side racing event and, in typical racing style, ladies line up for the popular Fashions on the Foreshore on

Sunday afternoon.

Castaways Sculpture Awards

Celebrating artistic innovation and environmental awareness, The City of Rockingham's Castaways Sculpture Awards are Rockingham's signature arts and culture event.

The outdoor foreshore exhibition features artworks from Western Australian artists created from recycled and repurposed materials.

As well as widening awareness of our environment and issues around recycling, Castaways gives these artists a vehicle to showcase their abilities to the thousands who attend the event every year.

New Year's Eve

Each year, thousands of residents and visitors celebrate the arrival of the New Year beside the sea. Crowds begin flocking to the foreshore in the early afternoon, enjoying the food trucks and listening to the live entertainment as they settle in for the evening ahead.

Local performers take over the centre stage as the evening progresses, and the line-up culminates in a headline performance by a national act. At the countdowns, children and adults alike gaze skywards as the night above Churchill Park explodes with fireworks at 9pm and then again at midnight.



Australia Day

Celebrations begin after the new citizens ceremony at the Gary Holland Community Centre and continue throughout the day, culminating in a fantastic foreshore event with fireworks over Churchill Park. Live performances from the main stage, a fun drumming circle, free children's activities and food trucks are all part of the fun.

GOOD TIMES

The City of Rockingham knows how to throw a good party, whether it's on Australia Day or New Year's Eve.





WA Premier Mark McGowan is a proud Rockingham resident having lived in the area for almost 30 years and these are his top places to visit in the City of Rockingham.

re his top places of Rockingham.

PREMIER MARK MCGOWAN'S **TOP 10**THINGS TO DO IN ROCKINGHAM





Lake Richmond

Wildlife and history encircle the lake – the Noongar people camped here and used it for food and drink. During WWI soldiers from Perth camped and trained here before being sent to Egypt. Watch the pelicans circle and land from the lookout and take a leisurely one-hour walk around the lake.

Shoalwater Islands Marine Park

One of WA's most important marine protected areas, Shoalwater Islands Marine Park and its associated island nature reserves host an exceptional diversity of marine dependent fauna and flora within easy reach of urban areas. The area is also culturally important to local Aboriginal people who have a long history of connection to the land and sea.

3

Penguin Island

Penguin Island is blessed with white sandy beaches with crystal clear water. Watch the penguins feed, experience the Penguin and Sea Lion cruise, and view the nesting pelicans.



Led by guides who have built rapport with the dolphins over the years, who will provide you with a wet suit and snorkel gear for a comfortable time in the water and a full briefing on how to behave respectfully and safely around the dolphins.

Palm Beach

Palm Beach is a safe, calm, north–facing beach in Rockingham, ideal for families. Beach access matting is installed to the west of the jetty between October and April, providing assistance for many people, including people with disabilities, seniors, and parents with prams to get from the main footpath onto the sand.



The Catalpa Memorial

Unveiled in 2005, the memorial at Rockingham beach commemorates the Catalpa rescue, the famous escape of six Irish Fenian convicts from Fremantle Prison in 1876 who were picked up off Rockingham on an American whaler, The Catalpa. The memorial depicts six wild geese in flight, since exiled Irish soldiers were often referred to as 'wild geese'.



Churchill Park

Churchill Park is a fabulous place to spend the day relaxing by the seaside. This grassy park is situated by a sandy beach and has children's play areas, a path along the foreshore, BBQs and shady huts over picnic tables. There are also plenty of cafes and restaurants to enjoy a meal or coffee.



City events and local

Stand Up Paddle, Canoe, Kayak

Get out on the water any way you can as this is the best vantage point. Take advantage of the many local operators who will show you how to surf and paddle and get personal satisfaction while you enjoy a different perspective of Rockingham.

With an impressive events calendar and activities to suit all ages and lifestyles, be it the Rockingham Cup, the Long

businesses

Table Lunch or the Christmas Lights, the City of Rockingham is alive and inviting – check out the City's website to see what's happening and plan ahead for your adventure in Rockingham! Central Block for a good coffee hit and other eateries and local businesses along the Rockingham Foreshore are also not to be missed when visiting the City.





quatic playground, coastal wonderland, seaside idyll - however you describe Rockingham, it's the city everyone remembers for fun-filled days under the sun.

Rockingham has long been Western Australian's first choice for ecotourism and aquatic adventures. It's a very modern beachside city where visitors can immerse themselves in nature and marine wildlife only half an hour from Perth and its hinterland.

This place is truly where the coast of WA comes to life, and right now is the perfect time to rediscover Rockingham. The City's beautiful foreshore has just been revitalised in an amazing way which brings together the lovely seaside parks of Bell and Churchill with the cafés and eateries of Rockingham Beach Road. It's everything a coastal destination should be; vibrant, dynamic, accessible, and – most of all – fun for all ages.

Ever since the first stage of the new foreshore area was

completed last summer, crowds have flocked to it, welcoming the improved facilities and revisiting the city's unique foreshore environment all over again.

It's the ideal destination to stroll along the seaside, find a spot for lunch under a shady tree, take the family for a spin on the bicycles, or just take a date for dinner under the stars. The revitalised design of the precinct opens it to diners at the restaurants along Rockingham Beach Road, and with a new grassed amphitheatre facing the beach, a lookout point and an expanded boardwalk with terracing to the sand, it's the perfect enhancement for the City's numerous foreshore events and fairs.

There are now three main areas
- Railway Terrace, a pedestrianfriendly shopping and eat street;







the Beach Plaza, Rockingham's new civic heart with recreational, cultural and heritage attractions; and the Boardwalk, where timber terraces connect to the beach.

New trees provide shaded areas for alfresco dining outside the restaurants, while innovative, interactive lighting displays illuminate the night.

A new accessible Lookout and Beach Bowl have been added, giving greater access to the foreshore's north-facing beach and the expansive stretches of Bell and Churchill Parks. Both parks have plenty of tables and BBQ facilities plus huge play areas for kids, making them the ideal family area.

The Beach Bowl is a grassed space sloping down from Beach Plaza directly to the sand creating a new amphitheatre. The park and Beach Plaza are colourful meeting places with plenty of umbrellas and natural shade with the addition of after-dark gobo lighting, the area transforms into a lively place ideal for

FAMILY FUN

Head to the City's seaside parks and enjoy the laid-back vibes which locals take for granted.



DISCOVER NEW HORIZONS

Vernon Arms is open Wed - Sun from 11am.
The Brewhouse Fri 4pm; Sat & Sun 11am
Book online or call (08) 9523 0456
(11km from Rockingham CBD).





DAY TRIPPIN' Only 30 minutes drive from Perth's CBD, the City of Rockingham has safe, shallow swimming spots to enjoy as well as surf and windsurfing beaches. Below, make sure you leave time for a feed at one of the City's many cafes and restaurants.



experiencing markets and events.

The new Boardwalk has shaded timber landings, colourful lounge seating, a rope net climbing frame and a shaded concrete slide with soft-fall surrounds and climbing wall handles.

Possibly the best place for a photo opportunity here is the Lookout with its stunning 180-degree panoramic view of Rockingham Beach. It's home to the well-known anchor, stone and log which have been part of Rockingham's foreshore for generations, and it's the perfect vantage point to watch all the skydives, flyboarding or jetpack fun that's happening in front of you on the beach.

Getting here – and getting around once you've arrived – couldn't be easier. By freeway or a fast, major rail link, Rockingham is only 30 minutes south of Perth and frequent bus routes connect the seaside city's heart with its railway station and key nodes.

Hiring a car here can be excellent value for money, particularly if you go with a well-established business like Ambrose Car Hire. As locals, they'll always give the right advice and they offer baby seats, unlimited kilometres, plus special rates on utes and vans.

Most visitors simply love

exploring Rockingham's beaches, feeling the sun on their backs and the sand between their toes.

For safe, shallow water swimming and sandy beaches, Rockingham Beach, Palm Beach, Safety Bay, Shoalwater, Warnbro and Port Kennedy are highly recommended.

Singleton Beach and Golden Bay are unpatrolled beaches excellent for surfing and windsurfing. The beach at Secret Harbour is patrolled during summer. Always swim between the flags, and if you are unsure of your ability, don't swim alone.

Patrolled pools provide an alternative option and the Aqua Jetty at Warnbro has a 50m heated outdoor pool, a heated 25m indoor pool and a lagoon pool for

young children with a fully enclosed waterslide. The Rockingham Pool on Council Avenue features an excellent 50m outdoor pool and often has inflatable play equipment for children.

For first-time visitors, the City's official visitor map from Rockingham Visitor Centre is highly recommended. Even if you think you know Rockingham, the map is packed full of the latest local attractions and accommodation, plus advertisers often add in special discounts and offers, so do check it out.

If you're seeking to reconnect with family, rediscover nature or find new adventures it's all here in one amazing coastal destination, so don't wait any longer to rediscover Rockingham!



LULUS CAFÉ is situated on the Rockingham Foreshore. We are a family-friendly and dog-friendly café. Well known for our quality of food, generous portions and great coffee. We have an extensive breakfast and lunch menu.

We are a welcoming and friendly café supported by a team of highly trained staff with great customer service.

Breakfast and Lunch are served all day.

Opening Hours: Mon ~ Sun from 6:30am to 3:00pm 15 Rockingham Beach Rd, Rockingham WA 6168





IF YOU TRY NOTHING ELSE, WHY NOT GET ON TOP OF THE OCEAN WAVES? THESE HUSBAND AND WIFE WATER TEAMS ARE THE GO-TO FOR IT ALL.

ick Maxwell admits he fell in love with SUPing on his honeymoon in Hawaii.
"My bride Megan and I were in Kauai and we were introduced to this historic Hawaiian sport of stand-up paddling. Then, I found out it was one of the most effective core strengthening water workouts. I love the different levels of activity you can enjoy – like yoga, cruising, surfing, and even racing. I liken SUPing to riding a bike."

Early Polynesian surfers used slabs of wood for boards, and often stood upright while using a large paddle to propel themselves out into the waves. In the 1930s the father of modern surfing, Duke Kahanamoku, rode the waves of Waikiki on a SUP which helped to introduce the novel sport to surfers around the globe.

Rick is the chief guide at **WASUP**, his Rockingham lesson and hire SUP business. The day I met him and Megan they were preparing one of their party packages, setting up the gazebo and triple seater beach beanbags and iceboxes for a group of mates who had booked the

three-hour package for a birthday party. The popularity of paddleboarding has exploded in recent years and I asked Rick if he could pin down why.

"Everyone who books seems really keen and says it's something they've been wanting to give a go – like it's a bucket list thing! 'If you can walk on a footpath you can stand up paddle', is my mantra. SUPing is good for you on all levels – mind, body and soul," he grins.

Another husband and wife team, Aaron and Leigh Reddall, are **Salt and Mantra**, a business which combines their twin passions of surfing and yoga.

Through their surf lessons and education programs, yoga workshops and surf and yoga retreats, the couple help people make healthy, life-long habits which feed into all areas of their lives.

"We want to create opportunities for others to experience the stoke of surfing, the grounding of yoga and the fulfilment of sharing these within a positive community," says Leigh.

Aaron also works with local schools providing holiday

programs, weekend lessons and coaching for all ages.

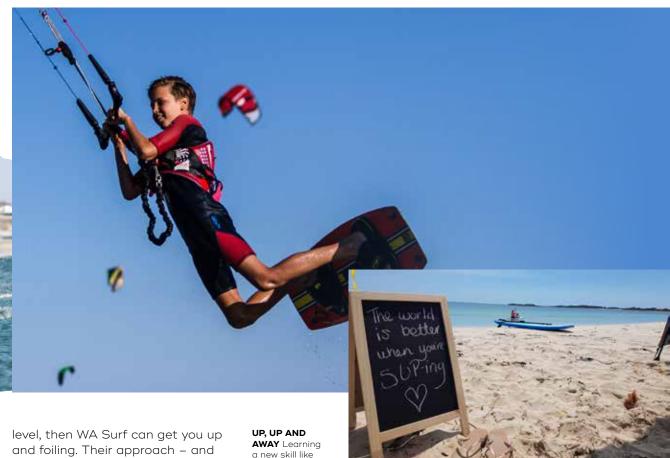
"My biggest stoke is to watch young people make progress in their surfing journey," he says.

Sonya and Jason Lewis reckon they eat, sleep and breathe kitesurfing. Their company, **WA Surf** (formerly West Oz Kiteboarding), has been riding and teaching since 1999 and their experience shows.

They are fully internationally accredited and hold permits to teach kiteboarding in the beautiful Safety Bay and Shoalwater Marine Park areas. Crystal clear waters, cross-shore breezes, no boats or obstacles, shallow sandbars and surrounding islands all provide chop-protected water to allow students to enjoy tuition in this location in any wind direction.

"We operate in the best location in the world," says Jason. "We have taught thousands of kiteboarders over the years and really enjoy it when we see someone we know on the water today."

If you've mastered kiteboarding and want to take it to the next



level, then WA Surf can get you up and foiling. Their approach – and their helmet communication system – makes the transition to a hydrofoil board so much easier.

Oarsome Hobbies is the brainchild of charismatic Antonia Dumitrescu, who as well as instructing, will take 'oarsome' photos of your SUPing lesson. Or if you'd rather try kayaking, then join Rivergods Kayak Adventures for their kayakadventure tour of Penguin and Seal Islands. Exploring on your own in a kayak is easy too – hire from Rockingham Kayak Hire. They also offer instant roof racks so you can pickup two to three kayaks with a normal car.

UP, UP AND AWAY Learning a new skill like kitesurfing is a breeze in the safe waters around the City of Rockingham.

WAKEBOARDING BEGINNER LESSONS KNEEBOARDING AQUA PARK CAFE PROSHOP









www.perthwakepark.com.au info@perthwakepark.com.au (08) 9524 2884 Lot 482 St Albans Rd, Baldivis



www.perthaquapark.com.au info@perthaquapark.com.au (08) 9524 3086 Lot 482 St Albans Rd, Baldivis





Baden Brockwell realised years ago that hiring a boat was what many visitors preferred to do.

"Boating is actually a lot more fun without the hassle and expense of owning a boat, so we keep our prices competitive and loads more people get to enjoy what they love to do – instead of having a shed ornament," he smiles.

Whether you want a brief 30-minute brief spin or an extended hire for a day or more, hiring makes great sense.

Rockingham Boat Hire, Bait &

Tackle has a centre console power boat, covered dinghies and now kayaks all ready for aqua adventure. All their boats come on trailers so you can travel where you wish or just enjoy a day trip around the superb Rockingham coast sharing the water with sea lions, penguins and dophins. And if you'd like your boat to be already in the water and ready to go, that's easy to arrange too.

I asked Baden what was his customers' most frequently asked question.

"That's easy - it's 'where

CAST AWAY Head into the Big Blue with a boat fand fishing gear rom Rockingham Boat Hire, Bait & Tackle.



CRYSTAL CLEAR Whether you want to kayak for an hour or make a day of it on the ocean.



should we go fishing?" " he laughs.

"We do give out secret fishing spot advice, and we sell people the right bait for the spot too. King George herring and whiting are the easiest for families to get. And if people aren't into fishing, then we usually suggest they take the hire boat for a buzz over to Penguin or Seal Island. Our kayaks are really easy to handle and perfect for going out to the islands too or just exploring the calm shallows here off our main Rockingham Beach."

There are ample launching ramps and moorings available in and around Rockingham, and the opportunities for jetty and beach fishing here are terrific. Anyone can catch herring and whiting at Kwinana Jetty, and if you're a little more experienced (or patient) you may well be rewarded with pink snapper, mulloway, and even the odd tuna and Spanish mackerel.

In Mangles Bay, the jetty at Palm Beach has similar species and is a good place for catching squid in the evenings. Point Peron is the go-to spot for flathead, flounder, herring, tailor and silver trevally, and you can fish underneath the Garden Island

causeway (the road to HMAS Stirling is private access only) for nearly every species around. Fish for flathead and herring year round on Challenger Beach, and Shoalwater Point has a shallow sand bar that goes right across to Penguin Island where anglers usually target flathead and whiting.

At Warnbro, the long sweep of beach is the place for herring and whiting, as well as tailor in summertime.

Naturally, going offshore opens up your options. The islands, reefs, drop-offs and many wrecks just a short distance from the region's ramps are perfect fishing grounds for small boat anglers.

Even when the wind is blowing, there are still fishing spots here that will be sheltered from prevailing winds.

Warnbro Sound is well protected from swells by its outer reefs, and the string of rocks south of Pengiun Island fish well for pink snapper, herring and tailor, while just further south again an artificial reef is usually also a great spot to find these tasty species.

Just be aware some areas of the Shoalwater Islands Marine Park are off limits to fishing and boating, and seasonal, size and bag limits do apply. Information is available at fish.wa.gov.au



is vying for attention - and fish.

The birds swim like they are flying through the water, darting and executing agile turns. Each one weights about a kilogram and measures around 30 centimeters in height. Guide Jane Dawson points to the Penguin Parade wall mural which illustrates 17 species of penguins and accentuates the small stature of these Western Australian natives.

"Little, Fairy and Blue - our penguins are called all these names and they don't mind which," she smiles.

The birds continue their morning exercise routine and Jane leads us out to the encircling boardwalk. A crocodile as have the other guests who came across with us on the five minute ferry ride.

Many have stocked up on takeaway coffees and fresh bakery goods from Pengos Café at Mersey Point. There are signs throughout the island reminding visitors to take their rubbish home with them.

"We don't have any bins here it's more environmentally-friendly that way," Jane explains.

It's the first day of the 2020 season. Each year, the winter closure enables the wildlife to reset. The penguins burrow in and breed, their barks and growls warning staff to stay clear during the hatching season. Jane explains visitors don't often see them during the day as they are out fishing for food.

"Swimming is what penguins do best; they can hold their breath for five minutes and cover 12 kilometres in an hour."

There are large pods of pelicans rearing their chicks, king skinks sunning themselves beside the timber boardwalks and in the near distance, we spot the island's famous wild dolphins breaking the surface. It's an iconic Australian nature experience and it's all just 600 metres from Shoalwater Beach.

After 30 years, Perth Wildlife



Encounters (formerly Rockingham Wild Encounters) owner Terry Howson still feels privileged introducing visitors to this special part of WA.

As a youngster, Terry grew up surfing, sailing and exploring the waters around the Shoalwater Island Marine Park and was compelled to join the 'wild and free' dolphins. Borrowing his dad's dinghy, he dedicated a year to studying the big grey fish until he knew them so well he could join them in their own environment, swimming alongside the pods of more than 200 bottle-nosed dolphins that inhabit the offshore reefs and islands.

This sustainable, eco-friendly experience now forms the basis for his highly successful marine operation which sees thousands of visitors a year slip beneath the waves to join the wild and free aquatic mammals.

"A swim with wild dolphins is an encounter based on pure respect – we only showcase what they allow us to," Terry says.

This season, Terry and his crew have launched a new eco-

adventure tour.

The 60-minute glass-bottom boat cruise takes guests past the rugged coastlines of Penguin, Seal and Bird Islands, where rare Australian sea lions are regularly sighted, and includes a visit to the Penguin Island Discovery Centre





before catching the ferry back.

Perth Wildlife Encounters also provides wildlife sea kayaking tours around Shoalwater Bay and can even send you airborne with a kiteboarding lesson. A two-day package from their partner company Sightseeing Pass Australia is worth considering.

There are superb walking trails around the coastlines, beaches and headlands here. Rockingham Lakes Regional Park contains prehistoric species and rare plants;

Lake Richmond is home to a community of thrombolites thought to be one of the earliest life forms on earth, and Lake Cooloongup and Panganoni Swamp share unique vegetation best experienced by bushwalking.

The park's hub Point Peron is a perfect place to see Meeka (the moon) rise up from Mother Earth. Pause and listen to the sea here, or dive beneath the surface to explore the diverse and thrilling reef community.





MAPS OF ROCKINGHAM



Police Stations & Hospitals

Rockingham Police Station

13 14 44

21-23 Whitfield St, Rockingham WA 6168

Rockingham General Hospital

08 9599 4000

Elanora Dr, Cooloongup WA 6168

Swimming Pools

Aqua Jetty

08 9591 0888

87 Warnbro Sound Ave, Warnbro WA 6169

Rockingham Aquatic Centre

08 9591 0830

Council Ave,

Rockingham WA 6168

Libraries

Rockingham Central Library

08 9528 8683. Dixon Rd, Rockingham WA 6168

Safety Bay Library

08 9528 8611

197 Safety Bay Rd, Safety Bay WA 6169

Mary Davies Library

08 9591 0800

17 Settlers Ave, Baldivis, WA 6171

Warnbro Library

08 9528 8577

Swallowtail Parade, Warnbro WA 6169

Community Centres

Gary Holland Community Centre

08 9528 0333

19 Kent Street, Rockingham, WA 6168

Mary Davies Community Centre

08 9591 0800

Settlers Ave, Baldivis, WA 6171

Sports Grounds

Lark Hills Sports Complex

08 9528 0333

Warnbro Sound Ave, Port Kennedy, WA 6172



USEFUL SITES

http://www.fish.wa.gov.au/ https://boatingwa.com.au

MAPS OF ROCKINGHAM



Lulu's Café. Inset A Rustico Tapas & Bar Inset A Jaffelato. Inset A Lavoro Italiano Restaurant... Inset A Beach Road Merchant Inset A EJ Soft Serve Dome Secret Harbour Α1 Inset B The Harbour Sports Bar .Inset B .B2 .B3 & Grill Spill the Beans Bayside Barista 12 13 Dome Baldivis Charthouse Café Pinjarra Bakery Inset C .C3 .C5

23	White Lakes Brewing	D5	
24	Peel Estate Wines	Off N	Мар

ACCOMMODATION

15	Rockingham Apartments	Inset
16	Anchorage Guest House	Inset
17	Quest Rockingham	Inset
18	Clearwaters	C1
19	Shoalwater Executive Home	A2
20	The Royal Dolphin B&B	
	in Safety Bay	B3
21	Cee and See Caravan Park	

22 Rockingham Holiday Village.....D2

	Skydive Adstracta	1113617
26	Cruising Yacht Club of WA	Inset A
27	Rockingham Museum	Inset A
28	Oarsome Hobbies	A3
29	Perth Wildlife Encounters (F	WE)
	Dolphin Swim	Inset A
29	PWE Penguin Island Ferry	A3
30	Rockingham Boat Hire	C4
31	Rivergods	A2
32	WASUP	B2
33	Scubanautics	C2
34	Mug 'n Brush	C2
35	Cugini in a Cucina	C4

36 Rebound Arena.

37	Rockingham Golf Course	D2
38	Perth Wake Park /	
	Perth Aqua Park	Off Ma

SHOPS / RETAIL

•	Deach Road	METCI	Iaiit	11113
41	Rockingham	Centr	·e	C2
10	AAZ SESESA ZOLE	^		00

BOAT / VEHICLE HIRE

JU	Rockingham Boat Hire	A3
39	Go Camper	C2
	Ambrosa Car Bontal	00



Rediscover Family Time

On Friday night, after you've settled into your cosy accommodation in and around Rockingham, take the gang out to one of the family-friendly restaurants on **Syren Street**.

This unique alfresco dining and entertainment precinct is like another city centre and brings the whole community together in open-air, laid-back venues.

After dining, finish off with a family movie at the **Ace Cinemas** entertainment complex adjacent to Syren Street.

Start your Saturday with a buzz – if you've got bikes, bring them along as Rockingham is just perfect for biking and yes, your family dog is also very welcome to join in the fun with loads of dogfriendly beaches and venues here.

No bikes? No worries – how about a family learn-to-surf session with **Gone Surfin'** or a great walk along the paths of Point Peron to watch the kite boarders and learn a little about the region's history?

Djurandi Dreaming operate a fascinating cultural tour here which details the traditional owners' perspective of Point Peron.

For safe, calm open-water swimming, Rockingham Beach, Palm Beach, Safety Bay, Shoalwater, Warnbro and Port Kennedy are the best places to go. **Aqua Jetty** at Warnbro has a 50m heated outdoor pool, a heated 25m indoor pool

and a lagoon style fun pool for youngsters along with a fully enclosed waterslide.

As the sun dips, head to

The Boardwalk precinct at

Rockingham Beach and dine at
one of the restaurants boasting
local seafood such as Cockburn

Sound mussels. The sunsets over

Mangles Bay here are the stuff of
magical memories.

For more water sports, why not try kneeboarding or





wakeboarding? **Perth Wake Park** is the only cable wake park in WA and has lessons plus beginner and pro cables, pro hire shop, a café, and a large veranda overlooking the action. Entry is free if you just want to come and check it out.

Perth Aqua Park is a huge floating inflatable fun park sharing the same site at Baldivis. Race your friends down the three-lane course; get launched from the jumping pillow or blast down the big slides into the water. Action packed sessions are 50-minutes long and are patrolled by friendly lifeguards.

If you'd rather stay dry, head down to the **Baldivis Children's Forest**, a 20-hectare bushland reserve with walk trails, picnic areas and interpretive signage before stopping in to sample local wines on the **Baldivis Karnup Wine Trail**, grabbing a few bottles and jumping back on the freeway home.

Rediscover Adventure

Pack your active wear and come on over for an epic weekend. If you've ever wanted to learn to waterski, windsurf, paddleboard



come and fry Port Kennedy's own indoor frampoline park.

Check out our venue and session timetable online at www.reboundarena.com.au

Tel: 08 9524 6380

Entry off Jacquard way, Unit 6/2 Blackburn Drive,

Port Kennedy.

Follow us on Facebook and Instagram







or scuba dive, this is the place for you. When you arrive on Friday, call into the **Rockingham Visitor Centre**, grab your dive permits for exploring the nearby wreck *The Saxon Ranger*, or go see the team at **Scubanautics Diving Academy** for great deals on hire and dive courses to go exploring the West Coast Dive Park and the Shoalwater Islands Marine Park.

On Saturday morning, you'll need to set yourself up for greatness with a super breakfast, so dine with a view at the superb eateries on Rockingham Beach Road or just take it with you from the ever-popular Rockingham Beach Bakery.

Ready to go next level? Why not take the plunge with **Skydive Australia** and capture every moment of your big foray into the blue via special wrist-mounted,

high-resolution cameras. Skydiving is better with mates, so bring all your besties when you take the big tandem jump and save some big bucks while you're at it.

WEEKEND AWAY

Plan your stay

and there won't

be a dull moment during a long weekend away.

Tonight you'll want a good pub feed, so head to places like **The Pink Duck Bar & Bistro** (they have mouthwatering vegetarian, vegan and gluten-free options too), **The Sporting Globe, Hogs Breath Café** or try the buffalo wings at **The Drop Inn**.

Pick up the pace on Sunday and get ready to fly with **Jetpack Perth.** Choose from four options in one Rockingham location: jetpack, flyboard, hoverboard and jetbike. Whether it's your first time or fifth go, the highly hospitable and experienced team will make this adventure seamless and highly memorable.

How do you back up from a

thrill? Paddle it out on the water in a ride from **Rockingham Kayak Hire** as you come back to earth and chillax before driving home.

If your recovery style is even more laid back there is great jetty and beach fishing here. For the lowdown on seasons, size and bag limits, check out fish.wa.gov.au before you go.

Rediscover Nature

Friday nights are for lazing into the weekend, so pick up some fresh, organic provisions for a gourmet picnic from **Malibu Fresh Essentials** and head up to Point Peron to watch the sun set over a natural coastline and take in the amazing views of Cockburn Sound and the Shoalwater Islands Marine Park.

If it's long been on your bucket list to swim with wild dolphins, then today's the day to dive right in and come face to face with one of the 200 bottle-nosed dolphins which call these Rockingham waters home. Perth Wildlife Encounters (formerly Rockingham Wild Encounters) is the multi-award winning company who have your ticket to adventuring with

Not only can you swim with wild dolphins (wetsuit, snorkel, mask and tips are all provided!) but professional photos of

nature.

your amazing experience are also free to download and share.

If you think dolphins are pretty cute but penguins are cuter, then tune in to this: PWE also operate the Penguin Island ferry service and cruises so you can see more wild dolphins (and rare Australian sea lions) before getting up close with the world's smallest penguins. Island rangers present penguin feedings at 10.30am, 12.30pm and 2.30pm daily and ferries depart hourly from 9am to 3pm each day. Spend as long there as you like; swim, snorkel, picnic and explore the nature trails and beaches before catching a return ferry at your leisure.

Tonight, take your taste buds on tour and discover global flavours in Rockingham town. **Swadesh** has beautiful Indian food, **Lavoro Italiano Restaurant** will take you to Italy and **Rustico Tapas & Wine Bar** has the flavours of the Med captured.

Take a Sunday SUP in the calm water of the bay and chill with the wildlife as you drift past diving darters and watch blue swimmer crabs scuttle sideways away from the shadow of your board. Stand-up paddling is a great way to connect with and rediscover the gentle side of nature while you exercise your core, and, best of all, you can spend 30 minutes or three hours on this low impact activity depending on how you feel and who you're with.

Head to Steeltree @ Sunsets or Palm Beach Café for brunch as they have stunning ocean views. Next, take yourself to Naragebup Regional Environment Centre. Built by the community for the community with sustainable infrastructure, it operates marine turtle rescue, educational resources including a regional herbarium and library, organic vegetable gardens, a bush tucker walk trail, nature play for children and much more.

Naragebup receives no dedicated funding – its lifeblood is the people who regularly volunteer their time at this award-winning local asset.



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ockingham is a superb year-round destination for golfers. There are excellent golf options here and a climate that's great to play in, even during winter. With picturesque and challenging courses along the coast from Kwinana to Secret Harbour, visitors wishing to play a round are assured of choice and availability. Gather your clubs and your friends, and book your accommodation for a weekend away in golfers' paradise.

Rockingham Golf Club

If you're looking to play a game in true wilderness with some of Australia's famous wildlife, this is the place. Other players are often out of view, and it can feel like you have the greens all to yourself here.

This facility prides itself on being as natural as can be achieved in a metropolitan area, and looking at its magnificent bushland setting with towering Tuart trees and the immaculate tees, fairways and greens, you know they are doing something very right. The kangaroos love it too – they are found in abundance and only enhance the exceptional scenery of the course.

President Mitch Green credits the course's peak condition to superintendent Jason Pou.

"Our staff are exceptional, and so are our PGA certified professionals Brenton Haines and Clarence Jayatilaka. At week's end we always have a

members' draw and entertainment, plus our kitchen brigade turn out the most delicious meals – once you've tasted them you'll never cook on Fridays again," he says.

Secret Harbour Golf Links

Designed by golfer Graham Marsh to reflect the style of traditional Scottish courses such as Muirfield, Turnberry and St Andrews, Secret Harbour Golf Links features couch grass fairways, second cut fescue grass and beautiful bent grass greens.

It is rated in the top 25 public access courses in Australia and was one of the first in the country to be selected in the premier category of the Great Golf Courses of Australia (GGA), an international marketing partnership between industry and Tourism Australia.

The fully stocked pro-shop is a member of Australia's biggest on course buying group, which results in golfers saving money (and being able to play more golf).

If you ever needed another reason to play a round of golf, this club's Ultimate Golfing package may just suit you to a tee. It's available to anyone who books online and includes 18 holes, a motorised cart, and a tasty brasserie luncheon (with a great choice of menu items).

To finish the day perfectly, the club now offers an extensive new Spritzer and Gin Menu complimented with a range of Fever Tree mixers.





 $P\ E\ E\ L \quad E\ S\ T\ A\ T\ E$



This magnificent winery is nestled between protected wetlands and acres of vineyard in the middle of Tuart country. Taste the extensive range of award-winning, premium quality wines in the mezzanine tasting room overlooking the winemaking floor.

Beautiful picnic grounds make this winery an ideal location for BYO picnics, BBQs and lazy summer afternoons.

We look forward to seeing you!

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The Links Kennedy Bay

The Links Kennedy Bay is located at Port Kennedy, an easy 40 minute drive from Perth's CBD.

This true links course is a thinking golfer's paradise. It is open, and challenges your bunkering ability if caught in sand traps.

The fairways are wide but stray offcourse (maybe bring extra balls) and there are lots of pot bunkers.

The fairways are firm and balls do run, but you will need to plot your way around and through the links. Those who finish will receive their just rewards on the 19th hole in the traditional manner.

The pro's tip here is that it's harder to play when the sea breeze comes in around 2pm to 3pm, so get out early and enjoy the challenge and the wildlife; the birds will serenade you and the kangaroos may just give way.

In order to ensure you're at the top of your game, The Links Kennedy Bay provides an outstanding combination of practice opportunities, including a 300 metre driving range, a putting green and practice bunker, and a grass-only practice tee.

GREEN
DAY Be
challenged by
Rockingham's
beautiful
golf courses,
whatever the
weather.





ome of the best memories of a holiday – or indeed just a weekend away – are formed from the delicious eats and foodie experiences to be had at a destination. The 'best ever' fish and chips you had for lunch on the foreshore, or that BYO restaurant tucked away in the sidestreet that your BnB host told you not to miss; these are the memories you come back to.

Rockingham's diverse mix of residents has led to the creation of a lovely, eclectic variety of restaurants, cafes, eateries and foodie stores.

The obvious place to start your culinary journey is the Rockingham waterfront where diners enjoy free and fabulous ocean views from their seaside tables. Lavoro Italiano Restaurant is always full of happy diners and serves authentic Italian classics and Australian fare at great prices. Lulu's Café, which overlooks Churchill Park on the seafront strip, is a local institution. The service is always

friendly and fast at this familyowned café, so schedule it for a casual morning breakfast stop (the Brekkie Deluxe has rave reviews) or a lunch to linger over with a group of friends.

Nearby, **Chandler's Kitchen** is another excellent family-owned licensed café serving up fresh, wholesome food. They cater very well for special dietary needs, and are pet and kid friendly too.

Order up share plates and delicious platters to savour the sea views at **The Pink Duck Beach Bar & Bistro**. This casual bar and live music venue has great

vibes and dishes up steaks and Exmouth King prawns cooked on hot rocks – yummo. Best tip here: start with a cocktail.

Ostro Eatery is highly popular – and highly rated – with a menu guided by their love for the locals and the abundance of fresh, seasonal produce in WA. A few steps along the esplanade brings you to Beach Road Merchants where café diners can also browse coastal décor homewares and imported accessories. In true merchant style, the store has something for everyone; mums love lifestyle brands such as Snuggle





Hunny and Toshi, and everyone loves the café's home-made treats like Oma's apple cake.

Staying on the waterfront, Little Hanoi has great views and tasty, reasonably-priced classic Vietnamese dishes. Mini Bar has recently extended their alfresco area so more people can dine with views and partake of a groovy cocktail or craft beer, Steel Tree @ Sunsets are known for their generous sized meals and, together with their sister restaurants Steel Tree Seafood Bar & Grill and Xylem, take pride in being 'locals serving locally sourced produce'. For casual eats, test drive Jaffelato, another seafront eatery operated by passionate locals serving up gourmet jaffles, locally roasted coffees and premium gelato.

Balmy sea breezes and sunset views call for tapas and sangria, and **Rustico Tapas & Wine Bar** has your cravings for all things Spanish sorted beautifully. The

drinks list is as diverse as their tapas menu with three different types of sangria; red, white and rosé (with ginger and raspberries.)

The Boardwalk precinct has a vibrant esplanade perfect for people-watching, sundowners, cocktails and sophisticated dining with uninterrupted views of Cockburn Sound and Garden Island from several restaurants. Dine alfresco, or cosy up indoors with heating and cooling available all year round. Occupying a





A MATTER OF TASTE Dine from dawn til dusk in the many cafes and restaurants in and around Rockingham. Pancakes and creative lunches from The Bayside Barista.



Their relaxed, efficient team headed up by owner and chef Marc Kenly, know how to deliver a memorable dining experience every time. The Cruising Yacht Club of WA

shares a superb seafront location and is a very cruisy place to wind down after a day's sightseeing with super views, daily menu specials and live music on Friday nights.

One street back from the foreshore is the welcomina Kinnaree Thai Restaurant. Repeat diners describe Richard and Banyen Green's authentic eatery as 'like visiting Thailand', and in a menu filled with mouth-watering classics, standout dishes are koung hom pa (pastry wrapped prawns) and deep-fried chicken with chilli and cashews.

At Waikiki, The Charthouse Café serves up healthy, global cuisine created by passionate owners Sue and Rana Aich. Rana's extensive career has seen him cheffing for the All Blacks, the Dalai Lama and the Prime Minister of India, and his food is truly inspired. The Charthouse Café serves breakfast through to dinner, so you can sample both their delicious eggs benedict with homemade hollandaise sauce and Sue's divine butter chicken.

There's something reassuring about the familiar green subway tiles of a **Dome Café**. You know you're going to enjoy the Dome's consistently areat coffee and their extensive all-day breakfast menu without having to think twice about it and Rockingham locals have four to choose from Kent Street, Secret Harbour, Waikiki and Baldivis. Nearby, **VAT116** is a terrific, all-occasion pub with a great locals vibe; their Guinness and ribs combo is highly recommended.

Healthy, beautifully prepared food has achieved Coeliac Australia gluten free accreditation for **The Bayside Barista** at Safety Bay. This 100% gluten free café serves all-day breakfast and lunch, and their coffee is rated as the best at the Bay.

Sea views - and healthy sugar and aluten-free treats - are always on the menu at Spill the Beans Café opposite the Palm Beach jetty. This is a top spot to

sit and watch the sun come up with your favourite brew.

Mug'n Brush Café is a unique space where diners can order coffee and delicious treats with a side of ceramic art. Paint, then fire beautiful pottery, book yourself into an art class or have the children join a fun, structured workshop.

Occasionally, all you really want is a great view, a terrific coffee and a cupcake. Vanilla Sprinkles is a vintage caravan parked at Point Peron serving eight different flavours of delicious cupcakes and locally roasted coffee every morning except Tuesdays.

You'll also spot the colourful ice cream van belonging to **E&J Soft** Serve in the car park - order up a serve of goodness concocted from Brownes' milk and homemade sherbet.

For eateries with a side of retail, the architect-designed boulevard of Syren Street at the **Rockingham Centre** will please both taste-buds and any cravings for shopping therapy. There are exciting international flavours, modern Aussie beer garden fare, a steakhouse and quick, cheap eats to please everyone. Syren Street restaurants are also open for takeaway on your favourite food delivery apps like Uber Eats and Menulog.

At Baldivis, brothers Ben and Jos have created Brother of Mine, a licensed hospitality mecca for a chill community offering nextlevel food and fabulous coffee.



Brotzeit is a genuine German experience with a modern menu (their Jagerschnitzel is delicious) and a choice of 12 German beers. For flavoursome dishes and BYO ease, try Yai's Thai Takeaway & Café or take the gang to Catalano & Co, a super friendly family-owned Italian restaurant.

Port Kennedy has its own tavern serving up great pub classics like chicken 'parmy', and the ladies will enjoy their flavoursome prawn and crab spaghettini. Ellie's Café has healthy eats, and, if you're rushing, cruise on through Port Kennedy's various takeaway outlets.

The Harbour Sports Bar Grill

is new on the scene at Secret Harbour and presents a fabulous selection of beers and possibly Rockingham's newest and most novel signature dish; the Nacho Average Dog – yes, that's two buns topped with salsa, corn chips, cheese, jalapeños, sour cream and guac.

Oasis Drive is the not-so-secret foodie precinct at Secret Harbour with an eclectic mix of dine-in or take-out eateries: Sapore
Gourmet Pizza Bar, Yogi Indian
Cuisine, Secret Harbour Chinese
Restaurant and Secret Harbour
Fish 'n' Chips. Modern Aussie pub The Whistling Kite serves up cool vibes and an extensive menu featuring yummy share plates like popcorn chicken tacos.

Sometimes, it's not about where you to go eat but what

you prepare yourself. For dineins and picnics, you'll love visiting the vast food emporium that is **Malibu Fresh Essentials**. Owner Basil Paparone's mantra is simple - 'we know that healthy food does taste better' - and his business thrives on delivering fresh, organic, free-range food and supporting Western Australian products. Beware though: this is irresistible food shopping and you'll end up spending way more time here than you plan to.





FAMILY-FRIENDLY, LOCAL COMMUNITY SHOPPING CENTRE, offering customers a relaxed pleasant and stress-free shopping experience without fighting their way through the hustle and bustle of the larger shopping centres.

A great place to meet friends, indulge in some personal pampering, grab a bite to eat at one of the many food outlets or shop for a special gift at one of the many specialty stores.

With a wide variety of retail stores and services, including Woolworths and Aldi Supermarkets, Waikiki Village Shopping Centre has something for everyone!



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Woolworths Supermarket	9591 7334
Dome Café	9528 5145
Get Stuffed Burgers	9527 4459
Dominos Pizza	9599 0222
Turbo Sushi	9500 9266
Jesters Jaffle Pies	9527 2493
Subway	9528 1611
Bra Town	9529 4969
SmokeMart GiftBox	9469 6622
Price-A-Roo	0404 999 889
Grayson's Family Butcher	9528 4405
Australia Post	131318
Discount Drugstore	9591 3011
Summit Realty	9592 8188
Poolwerx	9524 6367

The Lucky Charm Newsagent	9591 2099
Kingston Bakery & Cafe	9527 7775
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THE CITY OF ROCKINGHAM HAS ALWAYS HAD A STRONG CONNECTION TO THE MILITARY - AND IT'S A CONNECTION THAT GOES BACK OVER 190 YEARS.

n 1767 William de Vlamingh (Dutch Explorer) while looking for wrecks chartered our islands. Our next noted visitor was French Captain Jagues Hamlin of The Naturalist in 1801. On this voyage he named our island La Buache after French Cartographer Jean Nicholas Buache.

While stationed at Albany (military outpost of N.S.W.), Captain James Stirling explored the Swan River region in 1827 as he was concerned about French interest in our coast. Stirling renamed our island Garden Island; he prepared and planted a garden leaving a cow, 3 ewes and goats on the island. He returned in 1829 with settlers and claimed Garden Island as part of his land grant.

190 years ago in 1830 the ship Rockingham arrived as part of The Peel settlement scheme. She run aground and was towed to Careening Bay. Although repaired she sunk at Garden Island, giving our area the name Rockingham.

Settlement of Rockingham Area began in the 1850's at East Rockingham, then in 1872 with the Port of Rockingham developed and a rail line to Jarrahdale to export timber around the world the townsite at the beachfront developed.

The Rockingham Museum is housed inside an art deco building and features a local library embracing the history of the entire state of WA.

been a part of the city.

"The sons of many of our pioneering families joined the forces in World War I.

"Our museum website lists the names who served - and those who never returned."

In 1920, the state's Premier, James Mitchell, coordinated an agreement with the British Government to bring discharged soldiers and civilians to the state to establish a dairy industry. The Soldier settlement scheme and, later, the Group Settlement Scheme brought more settlers to the area.

Soon Rockingham's beaches and aquatic pursuits were attracting a reputation and an audience. The seaside resort flourished, as it does today.

World War II changed the city forever as servicemen and defences were deployed.

Point Peron became an Observation Post code named Piker Peter No 4. The orders of the day were that 'the personnel at the OPs must maintain a 24hour watch for any unusual occurrence or indication of



hostile activity on their coastal sector and out to sea.'

A two-gun battery was built at Point Peron. The guns had a range of 18.4 km and were installed to protect the southern entrance to Garden Island's naval area. To strengthen defences, an anti-submarine net was constructed from Point Peron to Garden Island.

The remains of the battery are easily accessed by a walk trail at Point Peron.

The seaside **Naval Memorial Park** is a military memorial dedicated to the Royal Australian Navy featuring a 110mm gun turret from HMAS Derwent and a submarine fin from HMAS Orion.

Two other major Rockingham sites honouring those who served in the forces are the Z Special Unit Memorial and the Rockingham War Memorial.

At the **Rockingham War Memorial** 13 classical columns are arranged in a circle, with a 14th column socket left empty to commemorate Australian soldiers missing in action. The three branches of the Australian Defence Force, Army, Air Force and Navy, are represented by a QF 25-pounder field gun, a propeller and an anchor.

Predominantly Australian, Z Special Unit was a specialist reconnaissance and sabotage unit that included British, Dutch, New Zealand, Timorese and Indonesian members.

The unit carried out a total of 81 covert operations during WWII, and the Z-Force Memorial at Palm Beach Esplanade is a tribute to the members who died while on missions. It's a place to reflect, with a bench constructed from reclaimed timbers and old bits of machinery and a central art form featuring a stylised propeller structure.

One of the most well-known assets of Rockingham, the *HMAS Stirling* Naval Base, was completed in 1978. Now Australia's largest naval facility, it is home to five frigates as well as the entire submarine service.

The base was named Stirling to honour Captain James Stirling, the naval officer who founded not only the first European settlement in Western Australia, but also the first free colony anywhere in Australia. His initial makeshift camp was set up on the craggy rock outcrop known as Cliff Head, where a memorial to it stands today.





THE WILD GEESE MEMORIAL commemorates the Catalpa rescue; the famous escape of six Irish Fenian convicts from Fremantle Prison in 1876. After arriving in Rockingham beach on a horse-drawn cart, the escapees were rowed to the *Catalpa*, an American whaler.

Irish soldiers who served in European armies after being exiled from Ireland called themselves The Wild Geese, and the Fenians transported to WA had adopted the phrase.

The six fugitives and their rescuers were pursued by armed guards in a steamer which fired her cannon at the Catalpa, eliciting skipper Captain Anthony's famous response: "That's the American flag. I am on the high seas. My flag protects me. If you fire on this ship, you fire on the American flag."

And that is how six wild geese flew to freedom in America.





waters, shoals and reefs off Rockingham form dazzling patterns of marine artwork. This is truly where the coast comes to life. Lacy waves lap the sandy shorelines, and rolls of swells sweep across the rocky outcrops which encircle the many islands and shelter shy wildlife. It's unspoilt natural heritage and, thankfully, over 40 kilometres of this spectacular environment is protected for future generations as a marine park and sanctuary.

Shoalwater Islands Marine Park, together with its island nature reserves, encompasses over 6,000 hectares and stretches from Garden Island's causeway to the southern tip of Becher Point. As well as being one of Western Australia's most important protected marine areas, the locality has extensive cultural significance to the Noongar people of the region. In the Dreaming, the park's Penguin Island was part of a giant crocodile called Yondok who was torn apart in a fight with Waugal, the Rainbow Serpent.

Some of the marine animals you may meet around the shallow lagoons and rocky shores here include Australian sea lions, dolphins, penguins and many

species of seabirds. If you spot a sea lion lounging on the shores of Penguin and Seal Island, chances are it's a male resting up after foraging for squid, lobster, crabs and fish.

The marine park's famous Little Penguins (Eudyptula minor) are the most highly adapted birds in the marine environment; their wings have evolved into flippers and their feathers are water-resistant.

Penguin Island is perhaps the park's most well-known destination, however it sits within a necklace of reefs, islands and rocks which begin in the waters off Safety Bay and extend to Point Peron.

The entire island is only 12.5 hectares in size and, at just 600 metres off Mersey Point, is easily accessed by an hourly return ferry service. Visitors are attracted by the safe, sandy beaches and the island's most famous inhabitants; the penguins. The smallest of all penguins, Little Penguins are the only species to live

and are also referred to as Blue or Fairy Penauins.

The Penguin Discovery Centre has interpretive information and offers irresistible penguin feeding displays three times a day. The Island View Trail is an easy 2km stroll on the extensive timber boardwalks which have been put in place to protect the groundnesting little birds. If you're lucky, you just may spot one of their burrows. During the daytime the penguins are out foraging in the waters around the island so it's quite rare to come into contact with them. However should you encounter one, please stay back and only photograph them without using a flash.

Venturing into the underwater realm of this beautiful marine park - as either an experienced scuba diver or a novice – is made easy by local dive and charter business operators who know the best locations and cater for every level of experience and expertise.

Scubanautics operates a Padi diving academy and owner Darren Scott, who has dived all over the world, heads up a team of passionate divemasters who enjoy nothing more than helping visitors get the most out of their aqua adventures. Check their online

dive calendar for upcoming events and courses, including their dive club happenings.

Many people are drawn to the waters off Shoalwater for its well-known wreck diving. **The Churchill Park Wreck Trail** is one of the safest and most popular shore sites here – at around 60 metres out from the Rockingham foreshore, it's an easy dive to follow and also ideal for photography and night dives. West of Cape Peron, the wreck of the Orizaba lies in 15 metres and in Cockburn Sound the D9 wreck is completely encrusted in marine growth and is a great place to find nudibranchs. The Saxon Ranger, at a depth of 22 metres in Warnbro Sound, requires a permit to dive (available from the Rockingham Visitor Centre) but is absolutely worth the rewards and lies surrounded by other sunken wrecks.

Onshore, the green ribbon of parklands that stretches along Rockingham Beach Road is actually two superb seaside parks. To the north, **Bell Park** has a fun play-ship, many lovely shaded picnic tables and is often used for the City of Rockingham's events and festivals. This beautifully grassed park slopes down to the beach area and adjoins **Churchill Park** which also has plenty of shaded seating and a super Pirate Ship for the little ones to expend their energy. The designers have incorporated a beach platform into the park that has views across the bay which stretch to Garden Island.



CARING FOR OUR MARINE PARK

Go slow – reducing boat speeds will minimise damage to our fragile environmental and our threatened wildlife.

Know the zone – no fishing is permitted in the park's sanctuary zones, spearfishing only in general use zones, water–skiing is permitted within a zone at Warnbro Sound.

Check the limits – get the latest fishing size, season and bag limits (fish.wa.gov.au)

Anchor on sand – aim yours to a sandy spot to prevent damage to the sea beds.

Be aware – respect the sandbar between Mersey Point and Penguin Island; it can be extremely dangerous.



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consumption. We enjoyed the winemaking so we planted more vines with different varieties and things progressed from there."

"Our visitors can expect to taste some very fine wines, including our range of chilliflavoured wines. Our most popular wines are our 2017 shiraz and our chilli wines." The quirky idea of creating a chilli wine was born out of a desire to be different.

"We wanted a point of difference with our wines," Rob says. "Chilli was becoming popular with the younger set so we hit upon the idea of putting chilli in the wine. After years of development and tastings we came up with a variety of chilli wines that are really accepted by the public of all ages."

If you would like to arrange a tasting please call Rob and Lee on 0417 442 278 or 0411 409 472.

Visit s<mark>t</mark>akehillestate.com.au

Picnic at Peel Estate

Opening a winery is not for the faint-hearted. Winery owner Will Nairn took the leap when he decided to stop farming Lucerne, sheep and cattle at his Karnup property and start a winery 40 years ago.

His passion for wine has seen Peel Estate Wines continue to grow. "You are in the winemaking business because you love it. It becomes a bit of an obsession," says Will. He describes the Peel Estate style as wines with "a rich fruit intensity and just enough wood to add complexity and longevity".

Peel Estate Wines has been an



QUEST ROCKINGHAM THE PERFECT PLACE TO STAY

Quest Rockingham is perfectly positioned in picturesque Rockingham, only minutes from parks, foreshore, restaurants & cafes. Quest Rockingham features spacious, fully equipped Studio, One & Two Bedroom Apartments and offers complimentary secure onsite car parking. Whether you are traveling for work or pleasure Quest Rockingham has everything you will need to relax.

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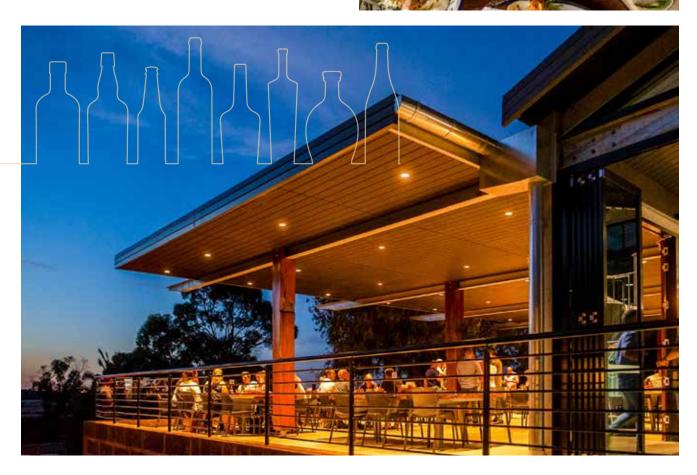


WINE TIME Try some locally-produced wine from vines dating back to the 1970s at The Peel Estate (above). Below, White Lakes Brewing. integral part of the Peel Region. In 1973 the first shiraz vines were planted, followed by chenin blanc, zinfandel and cabernet sauvignon in the 1970s. Other varieties such as chardonnay, verdelho, cabernet franc and the traditional Portuguese Port varieties were planted in 1980.

The Peel Estate range is extensive including white, red, rosé, sparkling and fortified wines.

At the winery there are BBQ facilities and plenty of shady trees for family picnics. There is a cellar door for sampling where wines can be bought to take away or enjoy in the grounds.

There are a small number of picnic tables available, but you



are welcome to bring your own picnic rugs, chairs, tables or anything else to make yourself comfortable. The grounds are also available for hire as a wedding venue.

Tastings are available Fridays, Saturdays and Sundays. Wine sales and picnics are available seven days a week during opening hours, which are from 10am to 5pm. Visit peelwine.com.au

Chillax at White Lakes Brewing

The perfect way to end a wine tasting is with a few cleansing ales, and one of the best places to do that is at recently opened microbrewery White Lakes Brewing.

There is a mouthwatering selection of beer styles from around the world with no nonsense names like Draught, Wit, Summer and Pale.

The range represents some of the great European and American styles of beer.
There's German and Bohemian-style pilsener, there's English bitter and summer ale styles, Belgian-style wheat beer, American pale ale and German Schwartzbier. The mind boggles.

The head brewer is Sean Symons, who worked part-time in a brewery, after university, where he fell in love with the industry.

"Making beer is a little bit of art and little bit of science," Sean says. "To be able to create something that people enjoy every day is a rewarding pursuit."

Even under pressure, Sean is reluctant to pick a favourite.

"They're all my children in a way," he says.
"They're all renditions of some of my favourite styles from around the world. The pilsner is the most difficult to get right so that challenge probably sets it apart."

Venue manager Shaun McGann tells me that the variety of beer styles they offer is meant to appeal to everyone from the interested beer drinker to the occasional lager and cider drinker.

The food and beverage offering has wide appeal too. It's contemporary pub fare, with vegetarian and gluten-free options.

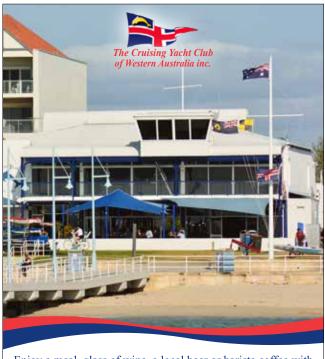
Then there's the view. White Lakes Brewing is located next to the Vernon Arms tavern. The state-of-the art brewery is located in the Ol' Barnyard overlooking the Westgarden and the beautiful Lake Walyungup.

"The astonishing natural atmosphere creates a positive experience for everyone who joins us," says Shaun.

The Vernon Arms is open Wednesday to Sunday, from 11am till late. Whitelakes Brewhouse is open Saturday and Sunday for tasting from 12-6pm.

Visit whitelakesbrewing.co





Enjoy a meal, glass of wine, a local beer or barista coffee with Rockingham's best view of Cockburn Sound, right on the Rockingham foreshore.

Visitors are welcome - one of our friendly members will sign you in.

Please see our website for opening times.

2 Val Street, Rockingham | 9527 5468 | tcyc.com.au



unting for a home away from home has become much easier with the array of apps and websites, however if you really want to talk to a local about where to rest your head in Rockingham, have a chat to the staff at the Rockingham Visitor Centre before you finally click 'OK'. Chances are, whoever you speak to there will know the very latest in accommodation options and the go-to places for your visit, whether you're a couple, a family or friends planning a getaway.

Plan your visit around these accommodation options – from camping and caravanning to apartments, hotels, villas and B&Bs, you'll find a warm welcome.

Park 'n' Play

With couples, families and retirees all very keen on taking up an RV option presently, a beautiful and well-equipped holiday park is a necessity. **The Cee and See Caravan Park** enjoys an idyllic oceanfront location. It's a short walk to Rockingham's foreshore with local bars, cafes, restaurants, retail outlets (pets welcome in your own caravan) and just an easy 35-minute drive from Perth which makes it perfect for either





a stopover on the way south or as a destination on its own. If you aren't towing, then book one of the delightful one or two bedroom chalets which overlook Cockburn Sound. The beach directly in front of this attractive park is perfect for family swimming, fishing, or just walking with your dog.

At 20 acres, **Rockingham**Holiday Village is very spacious and has beautiful natural bushland surroundings offering plenty of shade. Guests love how the picnic tables and BBQs are located right at the children's playground so they can entertain themselves while dinner preparations are underway. There's a bus stop out front, and from the village it's an easy drive to Rockingham Beach.

Director's Cut B&Bs...

The elegant, affordable **Anchorage Guest House** is only five minutes' walk from Rockingham's cappuccino strip and is popular with everyone

from honeymooners to corporate travellers.

This is the type of cosy, classic bed and breakfast which a movie director would chose to shoot a scene. Sylvia and Emiliano are utterly charming hosts, the beds are incredibly comfortable (and made up with quality linen) and the free continental breakfast has generous servings of juices, yoghurts, fruit salads and cereals. When we visited, couples were lingering over coffee, enjoying the sounds of the birds in the sunny garden just outside.

There are both bed and breakfast guest rooms and a free-standing apartment here, and rest assured your vehicle is safe with secure off-street parking. Highlights of the visit were definitely the claw-footed bath, and chocolate and port in the lounge area.

The owners of the **Royal Dolphin B&B** at picturesque

Safety Bay enjoy welcoming

people in Welsh or Thai (as well as









Relaxing peace and tranquillity around. Self-contained units including:

- Close to the beach, local attractions & shopping centres
- Cabins and large, shady powered caravan and tent sites
- Disabled facilities
- Free gas BBQ & modern undercover play area
- Camp kitchen, Laundromat and takeaway Chinese restaurant
- Public payphone & security cameras to the main areas of the park
- Bus service stops at the front gate, minutes away from the train station
- Small dogs allowed at the discretion of Management

Ph: 9527 4240 | rockholvillage@aapt.net.au

66

THE BEST PLACES TO SIP A SUNDOWNER ARE THE PRIVATE BALCONIES OF LOCAL APARTMENTS AND VILLAS...





English) and their delightful home is located in a quiet street two minutes walk from the waterfront. There's always abundant fresh, seasonal fruit served with their extensive continental breakfast, and guests love the spacious rooms here.

Your Quest is Over

The clean, modern studio, one and two bedroom apartments at Quest Rockingham suit short or long term stays and their location is simply perfect - you're only metres away from the beach and café strips, walking distance to waterfront attractions and a short drive from Shoalwater Islands Marine Park and Penguin Island. These serviced apartments have fully equipped kitchens and are perfect for couples or families, with both secure entry and off-street parking. The extra-fast internet here is a great bonus, too!

Perfectly positioned directly across the street from the pretty Village Green, **Hotel Clipper** is in the heart of the Rockingham beach precinct. **Café Clipper & Bar** is a super place to relax in the sea air and plan your tours and adventures as you take in the views. The café caters for early breakfasts, lunch, dinner

and everything in between with a great choice of gluten free dishes.

Looking for Luxe

For many holidaymakers, a vacation is best enjoyed in a gorgeous home in a great location. If your taste runs to cable plasma televisions in home theatres, gourmet kitchens and

king-sized beds, then **Shoalwater** Executive Homes' aptly named Dolphin, Seal and Penguin residences are the perfect option. These are luxury, open plan homes with alfrescos ideal for savouring a local wine over a seafood BBQ as the sun sets over the Indian Ocean. While self-catering is effortless in the superb kitchens of these luxury homes, they are also located right in Shoalwater Bay a short drive from award-winning restaurants and takeaways which make them ideal for family groups or a circle of friends.

Most visitors agree the best aspects of Rockingham are its stunning ocean views, and possibly the best place to sip a sundowner and take in the panoramas are the private balconies of the collection of luxury apartments, townhouses and villas under the umbrella of

Rockingham Apartments.

All these impressive beachfront



apartments are fully self-contained with full-sized gourmet kitchens, complimentary secure parking, high-speed WiFi and Platinum Foxtel for your viewing pleasure. The team at Rockingham Apartments are also very helpful and generous with their intimate local knowledge.

Coming for a wedding? They can recommend a great hairdresser. Need qualified child-minding? They've got it covered. It's like a friend telling you, 'relax – we've got this.'



Rockingham's Premier Beachfront Accommodation







Luxury 1, 2 & 3 Bedroom Apartments

Rockingham's Only Absolute Beachfront, Fully Self Contained Apartments

The perfect choice for business or pleasure. Contact us to Book your stay.

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Create long-lasting happy memories of your seaside stay in Rockingham!

Situated in an idyllic oceanfront location, Cee & See boasts 32 powered van sites, 7 self-contained chalets [1 or 2 bedroom), and beautifully presented amenities. Relax at the beach, take a short walk to the vibrant Rockingham Foreshore Precinct, or enjoy local adventure, nature-based and wildlife tours and attractions.

2 Governor Road, East Rockingham 6168

- P: (08) 9527 1297
- E: ceeandsee@cbh.com.au
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A choice of three, 3 or 4 bedroom homes, ideal for the corporate or holiday traveller.

Open plan, friendly and relaxing, each contains everything you would expect in a fully self-contained, well-appointed home including Platinum Foxtel, unlimited WiFi and Netflix.

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The Royal Dolphin B&B and Holiday Unit

Queen & Twin rooms available, as well as 2 bedroom holiday home, fully furnished. Comfortable and clean. Reverse cycle a/con, tea/coffee, Tv. Secure parking. Separate entrance. 500m to beach/ windsurfing. Close marine park, shops & restaurants. 2 bedroom holiday home, fully furnished. Free wifi.

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Ph: 0451 497 858

www.therovaldolphin.com.au





AUTHENTIC ITALIAN RESTAURANT LOCATED ON THE ROCKINGHAM FORESHORE

7A Rockingham Beach Road, Rockingham
Ph (08) 9527 2424

Open TUE ~ SUN 11:00am ~ 9:00pm

Closed Monday



ETS Soft Serve

Soft serve ice cream made with fresh Brownes Dairy milk.

No gluten free options.

Point Peron, Rockingham Ph 0451 127 818 Monday - Thursday: 10am to 4pm Saturday & Sunday: 9am to 5pm







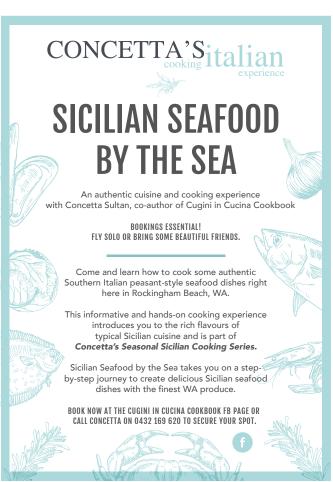














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9 Settlers Ave, Baldivis Tel (08) 9523 1566

